

Dear Students

## E-SAFETY ADVICE

In today's world using the internet is vastly important to you, it is how you socialise and keep in touch with friends and family all around the world from gaming to just chatting online. Digital technology helps keep you up to date with the latest news or sport and a huge resource for educational purposes.

All these things are a great way to communicate and can enhance your life but as with every good point there can be some bad points. In some cases there are people who use the internet to provide harmful, hurtful, illegal and inappropriate information; such as cyberbullying, sexting, identify theft, radicalisation, grooming, viruses and trolling. Therefore, it is all our duty and responsibility to behave safely and in a respectful manner when communicating online.

Remember be very careful about the messages and images you post online, as this stays there forever and nasty information can come back and harm your image one day! This is known as **digital footprint**, so always remember to **stop** and **think** before you **click**.

At College we use monitoring software to help keep you safe from gaining access to inappropriate websites. You must stay vigilant at all times both at home and College and make sure that if, someone tries to bully you or cause you harm online, you report it immediately to a trusted member of staff, your parents or carers.

### See below a list of helpful websites:

- [www.ceop.police.uk](http://www.ceop.police.uk) : Online police to report abuse, click on the 'Report button'
- [www.childline.org.uk](http://www.childline.org.uk) : to talk to someone in confidence
- [Kidsmart](http://www.kidsmart.org) - An award-winning internet safety programme for children.

### Some recommended E-Safety videos

- A social experiment video to raise awareness for online safety:  
[www.youtube.com/watch?v=6jMhMVEjEQg&list=RD6jMhMVEjEQg#t=7](http://www.youtube.com/watch?v=6jMhMVEjEQg&list=RD6jMhMVEjEQg#t=7)
- Help young people to recognise what constitutes personal information aimed at age 11 - 16 years old. <https://www.youtube.com/watch?v=EQdyBpMvdJM>
- This 10 minute drama has been designed for 14 to 18 year olds. 'Exposed' deals with the subjects of sexting and cyber bullying, issues that teenagers commonly face.  
<http://pulsecsi.com/blog/ceop-ks4-secondary-e-safety-10-minute-film/>

### Some Cyberbullying videos

- [www.youtube.com/watch?v=mWfNtPfb6Fo](http://www.youtube.com/watch?v=mWfNtPfb6Fo): NSPCC - Are you being bullied on the Internet
- [www.youtube.com/watch?v=S03Br1dwJR8](http://www.youtube.com/watch?v=S03Br1dwJR8): Cyberbullying week
- [www.youtube.com/watch?v=4OZ0a4lzsZA](http://www.youtube.com/watch?v=4OZ0a4lzsZA) : Red nose day cyberbullying video
- [www.youtube.com/watch?v=aCOHTeZx0gl](http://www.youtube.com/watch?v=aCOHTeZx0gl): Cyber bullying short video

If you would like to find out more about how to stay safe online, come and talk to Mrs Howard in ICT3 or email on [mhoward@ktc-tkat.org](mailto:mhoward@ktc-tkat.org)

Yours faithfully

**Mrs Howard (E-Safety Co-ordinator)**