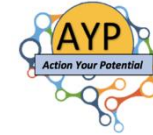


BE A NEURO-NINJA IN LEARNING & LIFE



10 WEBINARS OVER 10 WEEKS



THURSDAYS 7PM – 7:30PM ON THESE DATES:

21st January – How Can I Have A Better Day Every Day?

28th January – Why Don't I Get Stuff Done & How To Be More Productive?

4th February – De-Motivated, Feeling Meh? How Can I Help Myself Everyday

11th February – Why Is My Memory So Rubbish & What Can I Do About That?

18th February – If I Am Stuck With My Learning What Can I Do?

25th February – Why Am I So Unkind To Myself And What Can I Do About It?

4th March – How Can I Bounce Back From A Set-Back?

11th March – Why Am I So Moody & How Can I Help Myself Everyday?

18th March – How Can I Challenge Myself Without Upsetting Myself?

25th March – How Can I Improve Everyday & Enjoy My Life?