



23 December 2020

Dear Parents/Carers of Y7's

ADVICE FOR YOUR CHILD TO SELF-ISOLATE

We have been informed that there has been a confirmed case of Covid-19 in Y7. Unfortunately, this now means that your child is required to self-isolate up until and including **Sunday 27 December 2020.**

In addition to this, we have received confirmation that a further 5 members of our staffing body have tested positive for Covid-19. All those that may have come into close proximity, have been contacted and asked in line with the national guidance to self-isolate.

Our decision is based on the national guidance and following a risk assessment with Public Health England (PHE) advisers.

If your child is well at the end of the 10 day period of self-isolation, then they can return to their usual activities.

Other members of your household can continue normal activities, provided your son does not develop symptoms within the 10 day self-isolation period.

For more information, please see the guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person:

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of coronavirus (COVID 19)

Having been identified as a close contact, if your child then develops symptoms of coronavirus (COVID-19), they should remain at home for at least 10 days from the date when their symptoms appeared. Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day isolation period starts from the day when the first person in the house became ill.

www.ktc-tkat.org

Executive Headteacher:
Mr Christian Cavanagh

Kemnal Technology College
Sevenoaks Way, Sidcup,
Kent, DA14 5AA

Tel: 020 8300 7112
Fax: 020 8300 5619
Email: admin@ktc-tkat.org



Household members should not go to work, school or public areas, and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period. If that is not possible, anyone with symptoms should try and stay as far away as possible from vulnerable members of your household.

For more information, please read PHE's 'Stay at Home' guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

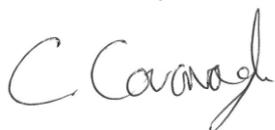
Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

In line with my previous correspondence, please be reminded that any further confirmed cases will need to go through the NHS Test and Trace.

Please keep well and safe.

Yours faithfully



Mr Christian Cavanagh
EXECUTIVE HEADTEACHER

www.ktc-tkat.org

Executive Headteacher:
Mr Christian Cavanagh

Kemnal Technology College
Sevenoaks Way, Sidcup,
Kent, DA14 5AA

Tel: 020 8300 7112
Fax: 020 8300 5619
Email: admin@ktc-tkat.org



www.ktc-tkat.org

Executive Headteacher:
Mr Christian Cavanagh

Kemnal Technology College
Sevenoaks Way, Sidcup,
Kent, DA14 5AA

Tel: 020 8300 7112
Fax: 020 8300 5619
Email: admin@ktc-tkat.org



The Kemnal Academies Trust is a charitable company limited by guarantee registered in England and Wales under company number 7348231. Its registered address is, The Atkins Centre, Kemnal Technology College, Sevenoaks Way, Sidcup, Kent DA14 5AA. Kemnal Technology College is a business name used by The Kemnal Academies Trust.