

www.selondonccg.nhs.uk

16th March 2022

Dear Parents and Carers,

Re: COVID-19 Vaccination for children aged 12 to 15

If you have been unable to, or have chosen not to access Covid vaccination for your 12- to 15-year-old through your child's school, please note that first and second doses of the vaccine for all residents above the age of 12 years are available at a number of sites across the Borough and across South East London.

To give the very best protection from the virus, we recommend that your 12–15-year-old receives two vaccines.

Being vaccinated minimises the need for children and young people to have time off school or college and helps them to continue to carry out their hobbies, attend social events and live their lives to the full.

While most children that become infected usually have mild symptoms from COVID-19, some may go on to develop more serious symptoms including 'Long Covid'. Doctors are still learning about these long-term effects, but we know that vaccination helps to protect against this risk.

We want to offer every child in Bromley the opportunity to get their vaccination at a time and in a location that is convenient for them and where they would feel most comfortable. The vaccination is available at a number of sites in Bromley and more widely across South East London. You can either visit a walk in clinic (visit www.selondonccg.nhs.uk/popupclinics) or book an appointment online through the National Booking Service at www.nhs.uk . If you have already booked a vaccination appointment through a GP or local NHS service, you do not need to book again.

Please note that:

For 12 to 15 year-olds, the recommended interval between the first and second dose is 12 weeks (84 days). The earliest you can be vaccinated after the date of your positive Covid test or onset of symptoms is:

- 4 weeks (28 days) if you are 18 years or over, or between 12 and 17 years and at highrisk from COVID-19
- 12 weeks (84 days) if you are 12-17 years old

Those aged 12 to 15 who are at higher clinical risk, or who live with someone who is immunosuppressed can also receive a third (booster) dose. The first two doses should be eight weeks apart, followed by a booster from three months (91 days) after second dose.

We want children and their parents or guardians to have reliable and accurate information to answer any questions they have prior to coming in for their vaccination. More information is available at nhsselvax.com/12-15

Yours sincerely

Dr Agnes Marossy

Consultant in Public Health

Information about COVID-19 vaccines is also available at: www.nhs.uk/conditions/coronavirus-vaccines covid-19/coronavirus-vaccine.