

## **PE Curriculum Ambition**

A curriculum encouraging participation through enjoyable, engaging activities leading towards a healthy active lifestyle.

A programme enabling the development of valuable life skills such as confidence, communication, teamwork, cooperation, resilience and determination.

Focus on learning and applying new skills and techniques in sporting situations.

Developing performance through the use of tactical understanding and knowledge of rules and regulations.

Performing in a competitive environment to imbed learning and to challenge higher levels of ability.

- To develop awareness and understanding of the world around them by experiencing other cultures and ways of life
- To communicate confidently and coherently in another language
- By learning another language, students will broaden their understanding of the English language
- By studying another language, students' knowledge of the world is enriched and their outlook of the world is broadened immeasurably
- Language learning is proven to exercise parts of the brain that are not used in other areas of life