KTC PSHE Curriculum Map



Term 5 Families

Different Families & parental responsibilities, pregnancy, marriage & forced marriage & changing relationships



Responsible health choices & safety in independent contexts











Term 3 Communication In Relationships

Personal values, assertive communication including in relation to contraception & sexual health, relationship challenges & abuse

Term 2 Next Steps

Application processes, skills for further education, employment & career progression progression

Term 1 Building For The Future

Self-efficacy, stress management and future opportunities













Term 3 Healthy Relationships

Relationships & sex expectations, myths, pleasure & challenges including impact of the media & pornography

Term 4 Exploring Influence

The influence & impact of drugs, gangs, role models and the media

Term 5 Addressing Extremism & **Radicalisation**

Communities, belonging and challenging extremism

Term 6 Work Experience

Preparation for & evaluation of work experience & readiness for work



Term 2 Financial Decision Making

Impact of financial decisions, debt, gambling & impact of





Term 1 Mental Health

Mental and ill health, stigma,

safeguarding health including

periods of transition or change





Employability & online presence



Relationships & sex education including consent, contraception, the risks of STIs and attitudes to pornography



advertising on financial choices







Term 2 Setting Goals

Learning strengths, career

options and goal setting as part of the GCSE

options process





Term 3 Respectful Relationships Families and parenting, healthy relationships, conflict resolution and relationship changes

Term 4 Healthy Lifestyle

Diet, exercise, lifestyle balance, healthy choices and first aid



Term 1 Peer Influence, Substance

Use & Ganas

Healthy & unhealthy friendships,

assertiveness, substance misuse &













Term 6 Digital Literacy

Online safety, media reliability & gambling hooks

Term 5 Identity &

Gender identity, sexual orientation, consent, 'sexting' and an introduction to contraception

Relationships

Term 4 Emotional

Wellbeing Mental health and emotional wellbeing including body image and coping strategies

Term 3 Discrimination

Discrimination in all its forms including: racism, religious, disability, sexism, homophobia, biphobia & transphobia







Alcohol

Alcohol and drug

misuse and pressures

relating to drug use

Community & Term 1 Drugs &

Equality of opportunity in careers & life choices, different types and patterns of work

Term 2

Careers

Term 5 Building Relationships Self worth, romance and

friendships (including online) and relationship boundaries

Term 6 Financial **Decision Making**

Saving, borrowing budgeting and making financial choices







Term 4 Health & **Puberty** Healthy routines,

influences on health, puberty, unwanted contact & FGM















Term 3 Diversity

Diversity, prejudice and bullying

Term 2 Developing Skills & **Aspirations**

Careers, teamwork, enterprise skills and raising aspirations

Term 1 Transition & Safety

Transition to secondary school and personal safety including first aid

