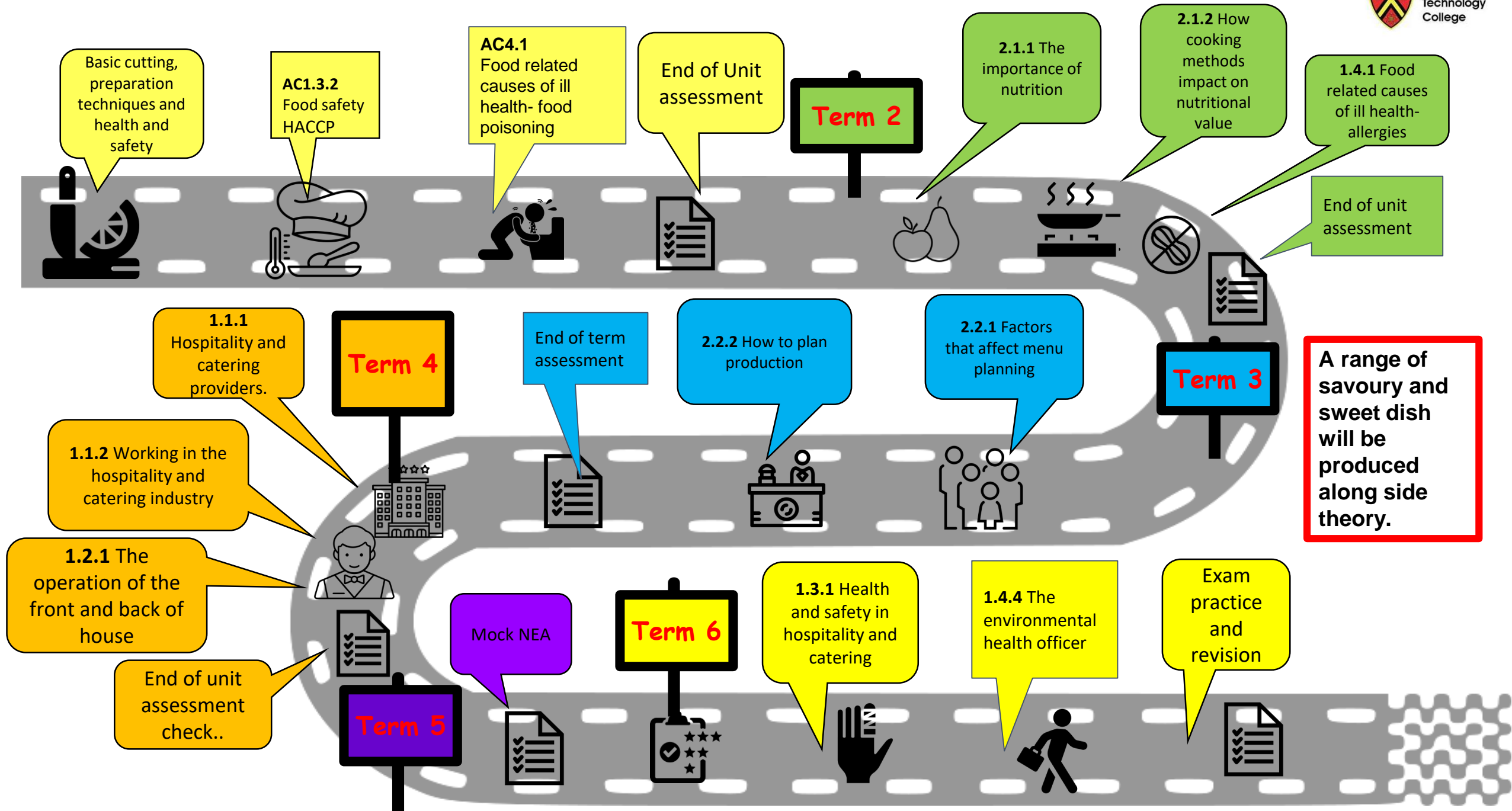


The Journey through Hospitality and Catering at KS4 Year 10 2023/23



Design technology at KS4

BBC Bitesize

<https://www.bbc.co.uk/bitesize/subjects/zvg4d2p>

has lots of really useful subject and exam board revision.



Seneca learning – Hospitality and Catering

<https://senecalearning.com>

This also has lots revision information.

Retaining, recalling and retrieving knowledge learnt.



Encourage your son or daughter to **start early, start now** on their homework and revision.



Help them be **organised**. Create a workable homework timetable with them.



Let them **talk**. Talking with you about a topic or subject helps them visualise their knowledge.



Water and healthy food are vital for the brain to function properly. Make sure they are eating and drinking with you while they talk about their subject.



Exercise & fresh air. Go for a jog with them while they talk about their subject.