

## GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<p><b>MEDITERRANEAN</b> Chicken Shawarma Flatbread</p> <p>Paprika Potato Wedges</p> <p>House Slaw</p>	<p><b>CHINESE</b> Five Spiced Beef</p> <p>Beggars Noodles</p> <p>Peas</p>	<p><b>BRITISH</b> Roast Pork with Stuffing and Apple Sauce</p> <p>Roast Potatoes</p> <p>Seasonal Cabbage</p> <p>Carrots</p> <p>Gravy</p>	<p><b>INDIAN</b> Chicken Tikka Masala</p> <p>Rice</p> <p>Cucumber Raita</p>	<p><b>BRITISH</b> Home-made Battered Fish Fillet</p> <p>Chips</p> <p>Baked Beans OR Peas</p>
<b>HIGH STREET FAVES</b>	<p><b>DEEP SOUTH DINER</b> BBQ Pulled Beef Brisket</p>	<p><b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco</p>	<p><b>DEEP SOUTH DINER</b> Beef Burger</p>	<p><b>WINGS &amp; THINGS</b> Texas BBQ Chicken</p>	<p><b>DEEP SOUTH DINER</b> New York Hot Dog</p>
	Feta and Potato Frittata	Mac 'N' Cheese	Sweet Potato & Squash Casserole	Boston Bean Pot	Veg & Bean Quesadilla
	New Orleans Red Bean Rice *	Garlic Bread*	Chipotle Potato Wedges	Layered Potato Bake	Chips
	Southern Greens	Chop Chop Salad	Corn on the Cob	House Slaw	Sweetcorn
<b>SPEEDY ITALIAN</b>	Veggie Supreme Pizza (v)	3 Cheese Sicilian Pizza (v)	Hawaiian Pizza	Bacon Pizza	Veggie Hot One Pizza (v)
	Veg Bolognese Pasta (v)	Arrabiata Pasta (v)	Chunky Vegetable Pasta	Beef Bolognese	Herby Tomato Pasta (v)
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
	Wholegrain * Oily Fish ***				



## GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<b>BRITISH</b> Cheese, Tomato and Potato Bake  Carrots and Peas	<b>CHINESE</b> Lemon and Ginger Chicken  Wholegrain Rice * Wok Tossed Oriental Vegetables	<b>MEDITERRANEAN</b> Spanish Beef Hash  Garlic and Herb Bread Lemon and Garlic Broccoli	<b>JAPANESE</b> Teriyaki Chicken thigh  Japanese Noodles Pickled Cucumber Salad	<b>BRITISH</b> Home-made Battered Fish Fillet  Chips Baked Beans OR Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Chipotle BBQ Pork	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	<b>DEEP SOUTH DINER</b> Piri Piri Pulled Pork Burger	<b>WINGS &amp; THINGS</b> Marinated Chicken Wrap	<b>DEEP SOUTH DINER</b> Creamy Fish Pasta Bake ***
	Quorn Sausage Pattie & Cheese Bun	Smoky Cauliflower Cheese	Louisiana Bean Pot	Mac 'N' Cheese	Corn, Black Eye Bean and Feta Soft Taco
	Paprika Potato Wedges	Garlic and Herb Bread*	Fajita Potato Wedges	Cajun Potato Wedges	Mississippi Rice *
	Red Slaw	BBQ Beans	Sweetcorn	Apple Slaw	Crunchy Salad
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v)	Cajun Chicken Sizzler Pizza	Veggie Supreme Pizza (v)	Bacon Pizza	Sicilian Cheese & Tomato Pizza (V)
	Arrabiata Pasta (v)	Herby Tomato Pasta (v)	BBQ Chicken Pasta*	Beef Bolognese	Italian Chicken Pasta
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
	Wholegrain * Oily Fish ***				



## GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<b>THAI</b> Thai Yellow Vegetable Curry  Wholegrain Rice *  Lightly Spiced Sweetcorn with Lime	<b>MEDITERANNEAN</b> Chicken Gyros  Crunchy Salad	<b>MEXICAN</b> Chipotle Beef Chilli  Creamed Potatoes  Roasted Vegetables	<b>CARIBBEAN</b> Trinidad Chicken Rice  Orange and Cumin Roasted Carrots	<b>BRITISH</b> Home-made Battered Fish Fillet  Chips  Baked Beans OR Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Cheese Burger	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	<b>DEEP SOUTH DINER</b> BBQ Chicken Mac N Cheese	<b>WINGS &amp; THINGS</b> Cajun Pulled Pork & Bean Pitta	<b>DEEP SOUTH DINER</b> Smoky Chicken Wrap
	Butternut Squash Feta Bake	Vegetable Chilli	Cajun Vegetable Burrito	Cauliflower and Creamed Corn Bake	Feta and Chickpea Cake with Salsa
	Chipotle Potato Wedges	Golden Rice & Beans	Baked Garlic & Herb Potato Wedges	Paprika Potato Wedges	Mexican Yellow Rice *
	Chop Chop Salad	Southern Greens	Crunchy Raw Slaw	BBQ Beans	Tomato, Red Onion and Lentil Salad
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v)	3 Cheese Sicilian Pizza (v)	Mushroom & Sweetcorn Pizza (v)	Sicilian Cheese & Tomato Pizza (V)	Chicken Supreme Pizza
	Cheesy Penne Pasta (v)	Neapolitan Beany Pasta	Herby Tomato Pasta (v)	Carbonara Pasta	Beef Bolognaise
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
	Wholegrain * Oily Fish ***				

