



PSHE LEARNING JOURNEY

ecpublishing



LIVING IN THE WIDER WORLD



Start

How can we be aspirational students

Being a resilient student

How does self-esteem help us achieve

What are wants and needs

How can we budget our money

Creating a personal budget plan

What are different financial transactions

What are different financial products for

Savings, loans and interest rates

How can we shop ethically

Prejudice and discrimination – racism



Spiral Approach to Content:

PSHE Association's Themes:

Health and Wellbeing

Relationships and Sex

Living in the Wider World

Additional Themes:

Citizenship and British Values

Careers – Gatsby Standards

Financial Education

People we've worked with:



BANK OF ENGLAND



Additional Content:

Range of Assessment
Options

Detailed Workbooks

Quizzes + Interactive
Content

Trackers, Displays,

SEND lessons,

Detailed SoWs

SMSC + Citizenship

Mapping

Confidence / Progress

Checkers

HEALTH AND WELLBEING

Consequences of not eating healthily
 Healthy living exercise
 How can we eat responsibly – labels and nutrition
 How can I keep healthy – food groups
 How can we manage our anger
 Mental health introduction – depression
 Periods – what happens when and why
 Puberty – what happens and why
 The dangers of smoking and second hand smoking
 What are drugs –class a b c
 What do we mean about a healthy lifestyle
 What is FGM and why is it dangerous
 What's the big deal about energy drinks

Start

Additional Content:

Range of Assessment Options
 Detailed Workbooks
 Quizzes + Interactive Content
 Trackers, Displays, SEND lessons, Detailed SoWs
 SMSC + Citizenship Mapping
 Confidence / Progress Checkers

Spiral Approach to Content:

PSHE Association's Themes:

Health and Wellbeing
 Relationships and Sex
 Living in the Wider World

Additional Themes:

Citizenship and British Values
 Careers – Gatsby Standards
 Financial Education

People we've worked with:



BANK OF ENGLAND





RELATIONSHIPS AND SEX

Bullying and Banter
Cyberbullying
Personal Identity – British Values
What are radicalisation and extremism
Keeping good friendships
Family relationships
Falling in love
Keeping safe and positive relationships



Start



Spiral Approach to Content:

PSHE Association's Themes:

Health and Wellbeing

Relationships and Sex

Living in the Wider World

Additional Themes:

Citizenship and British Values

Careers – Gatsby Standards

Financial Education

People we've worked with:



BANK OF ENGLAND



Additional Content:

Range of Assessment Options

Detailed Workbooks

Quizzes + Interactive Content

Trackers, Displays, SEND lessons, Detailed SoWs

SMSC + Citizenship Mapping

Confidence / Progress Checkers