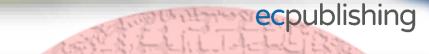


PSHE LEARNING JOURNEY



LIVING IN THE WIDER WORLD



Being a resilient student

How does self-esteem help us achieve

What are wants and needs

How can we budget our money

Creating a personal budget plan

What are different financial transactions

What are different financial products for

Savings, loans and interest rates

How can we shop ethically

Prejudice and discrimination – racism



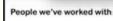




Health and Wellbeing Relationships and Sex Living in the Wider World

Additional Themes:

Citizenship and British Values
Careers – Gatsby Standards
Financial Education



















Additional Content:

Range of Assessment
Options
Detailed Workbooks
Quizzes + Interactive
Content
Trackers, Displays,
SEND lessons,
Detailed SoWs
SMSC + Citizenship
Mapping
Confidence / Progress
Checkers



PSHE LEARNING JOURNEY

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HEALTH AND WELLBEING



Healthy living exercise

How can we eat responsibly – labels and nutrition

How can I keep healthy - food groups

How can we manage our anger

Mental health introduction – depression

Periods – what happens when and why

Puberty – what happens and why

The dangers of smoking and second hand smoking

What are drugs –class a b c

What do we mean about a healthy lifestyle

What is FGM and why is it dangerous

What's the big deal about energy drinks



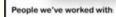


Spiral Approach to Content: PSHE Association's Themes:

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RELATIONSHIPS AND SEX

Bullying and Banter

\cyberbullying

Personal Identity - British Values

What are radicalisation and extremism

Keeping good friendships

Family relationships

Falling in love

Keeping safe and positive relationships







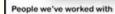


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