

1) **When using the Internet YOU have the right to feel safe at all times.** If someone or something makes you feel scared, worried or uncomfortable, tell a responsible adult straight away.



2) **If you or someone YOU know is getting bullied online** - don't respond to any nasty messages, save the evidence and tell a responsible adult. (Cyberbully).



3) **Think before you POST, make sure message are respectful** - whatever you send can be made public easily and stay there forever (digital footprint).

4) **Always keep your personal information SAFE such as;** your real name, school details, mobile number, password etc. – someone could use it to harm you or steal your personal details (identity theft).



5) **Keep your profile settings to 'PRIVATE'** - so only your friends can see you.



6) **Only accept friends request from people you know** - even if it is a friend of a friend it is never a good idea to add them unless you know them.



7) **NEVER, agree to meet someone you met online** – it could be an adult pretending to be a child. If you do, make sure it is in a public place and take a trusted adult with you.



8) **Don't open email unless you know the sender, even if it has your name on it** – it could send NASTY viruses to your computer.



9) **Never POST inappropriate offensive or illegal contents online** – you could get into trouble with the Law.

10) **Remember these tips still apply, when GAMING** online.



⇒ **Responsible/trusted adults include:** your teachers, parents, carers with whom you live. If you have any **concerns** about using ICT safely at home or school, **PLEASE** speak to them about it.



⇒ **You can report online abuse to the police at:** [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) (CEOP). If you feel like talking to someone in confidence you can call: 'Childline' free on **0800 1111** or visit [www.childline.org.uk](http://www.childline.org.uk)



⇒ **Remember:** The legal minimum age to join any social networking websites such as Facebook and Twitter is **13 years** or older!!

**We are here to help!** So if you have any E-safety concerns at school or at home YOU CAN SPEAK TO: Juliet Morris & Claire Wright (Safeguarding Team) or Millie Howard (E-Safety) also any member of staff that you trust.

**E-safety is about keeping YOURSELF safe when using digital technology to communication online...ALWAYS**

THINK  
BEFORE  
YOU  
CLICK!!!

