



COMMUNITY AUTISTIC SUPPORT, PRIDE & ADVOCACY



## About CASPA

CASPA is a Unique and dynamic Charity, providing support and a social hub for autistic people and their families since 2002. We are passionate about providing enriching activities for autistic people of all ages.

**Registered Charity number: 1110260**

**Address: Community House, South Street, Bromley, BR1 1RH**

## Why we do what we do

Autism is a lifelong developmental disability that impacts how an individual experiences the world and can encompass communication and sensory differences, an attachment to routine and intense special interests. Many autistic people report that they struggle to access mainstream social, educational and job opportunities which leads to isolation, anxiety and frustration. This has detrimental impacts on their self-esteem, health and general wellbeing.

By working together, CASPA can help individuals gain the access to opportunities and enriching experiences that they deserve.

## Clubs and Services

We run social clubs in age divisions, weekend and holiday trips and activities (including our beloved summer residentials), life skills workshops and online communities. From getting active with exercise groups, to self-expression though performing arts activities and fostering team spirit with football group CASPA Kicks there's fun and connection to be had for everyone.

***“CASPA IS TRULY A PLACE OUR CHILDREN FEEL FREE TO EXPRESS THEMSELVES WITHOUT BEING JUDGED”***



## Who we serve

We are based in the London Borough of Bromley and operate at a number of venues in central Bromley, Orpington, West Wickham and Beckenham but welcome members from the surrounding areas. Our online services can be accessed from anywhere.

## Our Staff

The CASPA team is made up of passionate and experienced staff and volunteers. Many are qualified SEN teachers, TAs and subject specialists. We have a diverse team of sports, drama, arts, counseling and youth work professionals to inspire and support our members.

## Ways to get involved and support us

CASPA needs to raise around **£340,000** to keep running it's services each year.

CASPA relies on fundraising and Donations from supporters and Grant applications.

Just £20 a month could help an autistic individual access our services.

### Here are some of the ways you can help:

- Take part in one of our organised fundraisers such as Wing Walking, Marathons, Sky Diving, The 3 Peaks and Abseiling.
- Host your own Fundraiser.
- Set up a Monthly Donation via JustGiving.
- Volunteer at events, clubs or admin help.
- Using Give As you Live when you shop online.
- Take part in one of our annual events such as **Wear Green To Be Seen** (March) and **The Green Mile** (June)

[www.caspabromley.org.uk](http://www.caspabromley.org.uk)

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